

SOCIOLOGY CRASH COURSE SCHEDULE — 2026

June 1 · July 19, 2026 | 7 Intensive Weeks | 18+ Teaching Sessions | 4 Sectional Tests | 2 Full Length Test

PART A — TEACHING + TEST SERIES+ MENTORSHIP SCHEDULE

Week	Day	Date	Session	Paper	Syllabus Coverage
WEEK 1 · June 1 – 7					
Week 1	Monday	1 Jun	S0	Both	Orientation Session — Discussion of Previous Year Question (PYQ) Patterns, Exam Strategy & Course Roadmap
Week 1	Wednesday	3 Jun	S1	Paper I	1. Sociology — The Discipline (a) Modernity and social changes in Europe and emergence of Sociology (b) Scope of the subject and comparison with other social sciences (c) Sociology and common sense
	Thursday	4 Jun			Mentorship Session
	Friday	5 Jun	S2	Paper I	2. Sociology as Science (a) Science, scientific method and critique (b) Major theoretical strands of research methodology (c) Positivism and its critique (d) Fact, value and objectivity (e) Non-Positivist methodologies 3. Research Methods and Analysis (a) Qualitative and quantitative methods (b) Techniques of data collection (c) Variables, sampling, hypothesis, reliability and validity
	Saturday	6 Jun			Mentorship Session
	Sunday	7 Jun			Off

Week	Day	Date	Session	Paper	Syllabus Coverage
WEEK 2· June 8 – 14					
Week 2	Monday	8 Jun	S3	Paper I	<p>4(a). Karl Marx Historical materialism, mode of production, alienation, class struggle</p> <p>(b). Emile Durkheim Division of labour, social fact, suicide, religion and society</p> <p>(c). Max Weber Social action, ideal types, legitimate authority, bureaucracy, protestant ethic and the spirit of capitalism</p>
	Tuesday	9 Jun			Mentorship Session
Week 2	Wednesday	10 Jun	S4	Paper I	<p>4(d). Talcott Parsons — Social System, Pattern Variables</p> <p>(e). Robert K. Merton — Latent and Manifest functions, Conformity and Deviance, Reference groups</p> <p>(f). G. H. Mead — Self and identity</p>
	Thursday	11 Jun			Mentorship Session
	Friday	12 Jun	S5	Paper I	<p>5. Stratification and Mobility</p> <p>(a) Concepts: equality, inequality, hierarchy, exclusion, poverty and deprivation</p> <p>(b) Theories: structural-functionalist, Marxist, Weberian</p> <p>(c) Dimensions: class, status groups, gender, ethnicity and race</p> <p>(d) Social mobility: open and closed systems, types, sources and causes</p>
	Saturday	13 Jun			Mentorship Session
	Sunday	14 Jun			Sectional Test 1
WEEK 3· June 15-21					
Week 3	Monday	15 Jun	S6	Paper I	<p>6. Work and Economic Life</p> <p>(a) Social organisation of work in slave, feudal and industrial capitalist societies</p> <p>(b) Formal and informal organisation of work (c) Labour and society</p>
	Tuesday	16 Jun			Mentorship Session

Week	Day	Date	Session	Paper	Syllabus Coverage
	Wednesday	17 Jun	S7	Paper I	7. Politics and Society (a) Sociological theories of power (b) Power elite, bureaucracy, pressure groups, political parties (c) Nation, state, citizenship, democracy, civil society, ideology (d) Protest, agitation, social movements, collective action, revolution
	Thursday	18 Jun			Mentorship Session
	Friday	19 Jun	S8	Paper I	8. Religion and Society (a) Sociological theories of religion (b) Types of religious practices: animism, monism, pluralism, sects, cults (c) Religion in modern society: science, secularization, revivalism, fundamentalism
	Saturday	20 Jun			Mentorship Session
	Sunday	21 Jun			Off
WEEK 4- June 22-28					
Week 4	Monday	22 Jun	S9	Paper I	9. Systems of Kinship (a) Family, household, marriage (b) Types and forms of family (c) Lineage and descent (d) Patriarchy and sexual division of labour (e) Contemporary trends 10. Social Change in Modern Society (a) Theories of social change (b) Development and dependency (c) Agents of social change (d) Education and social change (e) Science, technology and social change
	Tuesday	23 Jun			Mentorship Session

Week	Day	Date	Session	Paper	Syllabus Coverage
Paper II Begins					
	Wednesday	24 Jun	S10	Paper II	A. Introducing Indian Society (i) Perspectives on study of Indian Society: (a) Indology — G.S. Ghurye (b) Structural-functionalism — M.N. Srinivas (c) Marxist sociology — A.R. Desai
	Thursday	25 Jun			Mentorship Session
	Friday	26 Jun	S11	Paper II	(ii) Impact of colonial rule: (a) Social background of Indian nationalism. (b) Modernisation of Indian tradition. (c) Protests and movements during colonial period. (d) Social reform movements B(i). Rural and Agrarian Social Structure (a) Idea of Indian village and village studies. (b) Evolution of land tenure system . (c) Land reforms
	Saturday	27 Jun			Mentorship Session
	Sunday	28 Jun		Paper I	Sectional Test-2 Paper I- Chapter 6-10.
Week 5- Jun 29-Jul 05					
Week 3	Monday	29 Jun	S12	Paper II	B(ii). Caste System (a) Perspectives: G.S. Ghurye · M.N. Srinivas · Louis Dumont · Andre Beteille (b) Features of caste system (c) Untouchability — forms and perspectives
	Tuesday	30 Jun			Mentorship Session
	Wednesday	01 Jul	S13	Paper II	B(iii). Tribal Communities in India

Week	Day	Date	Session	Paper	Syllabus Coverage
					(a) Definitional problems (b) Geographical spread (c) Colonial policies and tribes (d) Issues of integration and autonomy B(iv). Social Classes — Agrarian class structure, Industrial Class Structure & Middle Classes in India
	Thursday	02 Jul			Mentorship Session
	Friday	03 Jul	S14	Paper II	B(v). Systems of Kinship in India (a) Lineage and descent · (b) Types of kinship systems · (c) Family and marriage. (d) Household dimensions (e) Patriarchy, entitlements and sexual division of labour B(vi). Religion and Society in India (a) Religious communities in India (b) Problems of religious minorities
	Saturday	04 Jul			Mentorship Session
	Sunday	05 Jul			Off
Week 6 Jul 06-12					
Week 3	Monday	06 Jul	S15	Paper II	C(i). Visions of Social Change in India (a) Development planning and mixed economy· (b) Constitution, law and social change· (c) Education and social change C(ii). Rural and Agrarian Transformation (a) Rural development programmes, cooperatives, poverty alleviation· (b) Green Revolution and social change (c) Changing modes of production·

Week	Day	Date	Session	Paper	Syllabus Coverage
					(d) Problems of rural labour, bondage, migration
	Tuesday	07 Jul			Mentorship Session
	Wednesday	08 Jul	S16	Paper II	C(iii). Industrialisation and Urbanisation in India (a) Evolution of modern industry· (b) Growth of urban settlements· (c) Working class structure and mobilisation. (d) Informal sector, child labour· (e) Slums and urban deprivation
	Thursday	09 Jul			Mentorship Session
	Friday	10 Jul	S17	Paper II	C(iv). Politics and Society in India (a) Nation, democracy and citizenship· (b) Political parties, Pressure groups, Social and Political elite. (c) Regionalism and decentralisation· (d) Secularisation C(v). Social Movements in Modern India (a) Peasants and farmers movements· (b) Women's movement· (c) Backward class and Dalit movements (d) Environmental movements. (e) Ethnicity and identity movements
	Saturday	11 Jul			Mentorship Session
	Sunday	12 Jul			Sectional Test 3—Paper II—Introducing Indian Society to Tribal Communities in India
Week 7- Jul 13-19					
Week 3	Monday	13 Jul	S18	Paper II	C(vi). Population Dynamics (a) Size, growth, composition·

Week	Day	Date	Session	Paper	Syllabus Coverage
					(b) Birth, death, migration (c) Population policy and family planning (d) Emerging issues: ageing, sex ratios, child mortality, reproductive health C(vii). Challenges of Social Transformation (a) Crisis of development: displacement, environment, sustainability (b) Poverty, deprivation and inequalities. (c) Violence against women (d) Caste conflicts (e) Ethnic conflicts, Communalism, and Religious Revivalism (f) Illiteracy and disparities in education
	Tuesday	14 Jul			Mentorship Session
	Wednesday	15 Jul		Paper II	Off
	Thursday	16 Jul			Off
	Friday	17 Jul		Paper II	Off
	Saturday	18 Jul			Off
	Sunday	19 Jul			Sectional Test 4—Paper II—B(IV) to C(VII)
Full Length Tests ((Curated High Frequency Themes))					
	Sunday	25 Jul		Paper I	Full Length Test-1
	Sunday	25 Jul		Paper II	Full Length Test-2

PART B — TEST SERIES

4 Sectional Tests + 2 Full-Length Tests | 25 hrs Discussion

SECTIONAL TESTS (4 TESTS — 180 MIN, 250 MARKS EACH)

Test	Paper	Syllabus Coverage	Question Pattern	Discussion
ST-1	Paper I	Modules 1–5: Discipline, methods, classical and modern thinkers, Stratification.	Q1 comp. (5 × 10m) + Q5 comp. (5 × 10m) + 3 optional of 2 × 20m + 1 × 10m	4 hrs
ST-2	Paper I	Modules 6–10: Work and Economic Life, Politics and Society, Religion, Family and Kinship, Social Change.	Q1 comp. (5 × 10m) + Q5 comp. (5 × 10m) + 3 optional of 2 × 20m + 1 × 10m	4 hrs
ST-3	Paper II	Modules A–B (iii): Perspectives, Impact of Colonial Rule, Rural and Agrarian Structure, Caste System, Tribal Communities in India structure	Q1 comp. (5 × 10m) + Q5 comp. (5 × 10m) + 3 optional of 2 × 20m + 1 × 10m	4 hrs
ST-4	Paper II	Modules B (iv)–C(vii): Social classes, Kinship, Religion and Society, Visions of Social Change, Rural and Agrarian Transformations, Politics and society, Social Movements, Industrialisation and Urbanisation, Social movements, contemporary challenges	Q1 comp. (5 × 10m) + Q5 comp. (5 × 10m) + 3 optional of 2 × 20m + 1 × 10m	4 hrs

Sectional test discussion should NOT recapitulate content. Focus on: model answer structure, thinker integration technique, diagram and table use in 20-mark answers, and how examiners distinguish an average from a good answer.

FULL-LENGTH TESTS (2 TESTS — 3 HOURS, 250 MARKS)

Test	Emphasis	Coverage	Pattern	Discussion
FT-1	Curated — high-frequency topics	All 10 modules; questions from most frequently tested themes and combinations	Full UPSC pattern: Q1 + Q5 comp. (5 × 10m each) + attempt 3 from Q2–Q4, Q6–Q8 (2 × 20m + 1 × 10m each)	4 hrs
FT-2	Unpredictable — unusual angles	All modules; novel framings, current affairs integration, cross-paper questions	Same pattern — realistic replication of exam conditions; no cues given beforehand	4 hrs

PART C — CLASSROOM DESIGN

SESSION FORMAT

Each teaching session

- 150 minutes teaching content
- 30-minute writing drill from session topic
- Session skeleton notes circulated before class
- No full printed notes — students write their own

Batch composition

- Mixed batch: differentiated drill tasks (10m for first-timers, 20m for seniors on same topic)
- Faculty reads 1–2 student answers aloud during group debrief

IN-CLASS WRITING DRILL (EVERY SESSION — 15 MINUTES)

Not a test. A timed exercise followed by a 5-minute group debrief. Faculty shows a model opening paragraph — 5–6 lines — and the class identifies: definition, dimension, thinker, example, framing. Students rotate between writing one answer per session. The drill is never skipped, even in the final session before a test.

Student type	Task	Debrief
First-time writers	10-mark question on session topic	Focus on structure: definition + 2 dimensions + 1 thinker + example + conclusion
Senior students	20-mark question on session topic	Focus on differentiation: thinker specificity, unusual examples, comparative framing

PART D — MENTORSHIP

One-to-One Faculty Interaction | Ongoing Throughout Course

DIAGNOSTIC AT ENROLLMENT — MANDATORY

Before the first mentorship session, every student submits one previously written answer (any past attempt, or a fresh attempt on a given question). Faculty assesses it on the rubric below and flags the primary gap. All subsequent mentorship sessions are calibrated to that individual gap — not to generic advice.

Dimension	What faculty checks	Most common gap
Introduction	Definitional clarity, question framing	"Since time immemorial..." openers; circular definition
Theoretical grounding	Named thinker + specific concept, not vague reference	"As Marx said" with no concept named; wrong thinker for the question
Structure	Sub-headings in 20-mark; tight logic in 10-mark	Unbroken paragraph dump; headings that repeat the question
Examples	Concrete, Indian, specific — not generic	"In rural India, women face..." (no place, no year, no specificity)
Contemporary link	Policy, movement, or recent development	Answer ends at theory with no present-day hook
Conclusion	Evaluative or forward-looking, not a summary	Restating the introduction verbatim; no critical evaluation

FIRST-TIME WRITERS — MENTORSHIP PROTOCOL

Frequency: 5 written submissions per week + 2 one-to-one session per week (20–25 minutes)

Focus: Building the answer architecture: introduction → thinker integration → examples → conclusion

Turnaround: Marked answers returned within 48 hours with written marginal comments

1:1 agenda: Review 2–3 marked answers → identify one recurrent gap → set a targeted rewrite task for next submission

First-timers often have content but lack structure. The mentorship goal is to make the DIET model (Definition · Integration of thinker · Examples · Takeaway/conclusion) automatic — not something the student has to think about, but something they do by habit.

SENIOR STUDENTS (4TH–6TH ATTEMPT) — MENTORSHIP PROTOCOL

Frequency: 3 written submissions per week + 1 one-to-one session per week (25–30 minutes)

Focus: Precision and differentiation — why marks are being lost when content knowledge is adequate

Method: Faculty compares student answer against a high-scoring model answer and identifies the exact gap at the sentence level

1:1 agenda: Diagnostic of pattern error → timed rewrite of one previously weak answer (student writes while faculty observes) → verbal walkthrough of one 20-marker

Senior students score less not because they lack content but because their answers lack specificity. The feedback must name the exact failure: not "thin theoretical grounding" but "you cited Weber's rationalization without connecting it to the specific institution the question asked about — the hospital, the factory, or the court." Generic feedback is wasted on 4th+ attempt students.

1:1 SESSION STRUCTURE

Time	Segment	What happens
0–5 min	Student self-assessment	Student rates their last week's submissions on the rubric before faculty says anything — builds self-evaluation habit
5–15 min	Faculty feedback	Faculty returns 2 marked answers with written comments; explains the primary gap with a specific textual example from the student's answer
15–20 min	Timed rewrite	Student rewrites the weakest answer from last week (or a part of it) in 5 minutes while faculty watches — immediately identifies whether the feedback was absorbed
20–25 min	Forward targets	Preview next week's topics; faculty sets one specific writing target (e.g., 'No answer next week without a named thinker in the first paragraph')

Faculty maintains a Progress Card for each student — a running record of the gap identified each week and whether it improved in the next submission. Students can see their own card. The 1:1 is never a general chat about sociology; it is a surgical conversation about that student's specific, recurring error.

INTEGRATION PRINCIPLE

Every component of this course is connected. Teaching sessions generate writing tasks. Writing tasks generate mentorship data points. Test series discussion closes the loop.

Teaching Session

150 min content + 30 min writing drill
→ generates one answer per student

Mentorship

Marked submissions + 1:1
→ generates progress card data

Test Series

Aggregated errors inform next test design
→ closes the learning loop

The goal is not to produce students who know sociology.

The goal is to produce students who can deploy sociology under examination conditions.